



## **SEA TURTLES CONSERVATION in Sulawesi, INDONESIA**



Sea turtles are at risk of extinction. Nowadays, four of seven known species of sea turtles are present in Indonesia. The population size of these reptiles has been decreasing and there are places where the decrease has reached 90 % during the last 70 years such as at East Kalimantan, Sumatra. Reasons for this are human activities: poaching of sea turtle eggs, destruction of beaches by tourism, sale of turtleshell souvenirs on local markets and the water pollution. Turtles have been also suffering due to destructive fishing practices as they die caught in trawl nets. Protection of sea turtles declared by both international conventions or by Indonesian law is not efficient enough.

**Let's join those who help!**

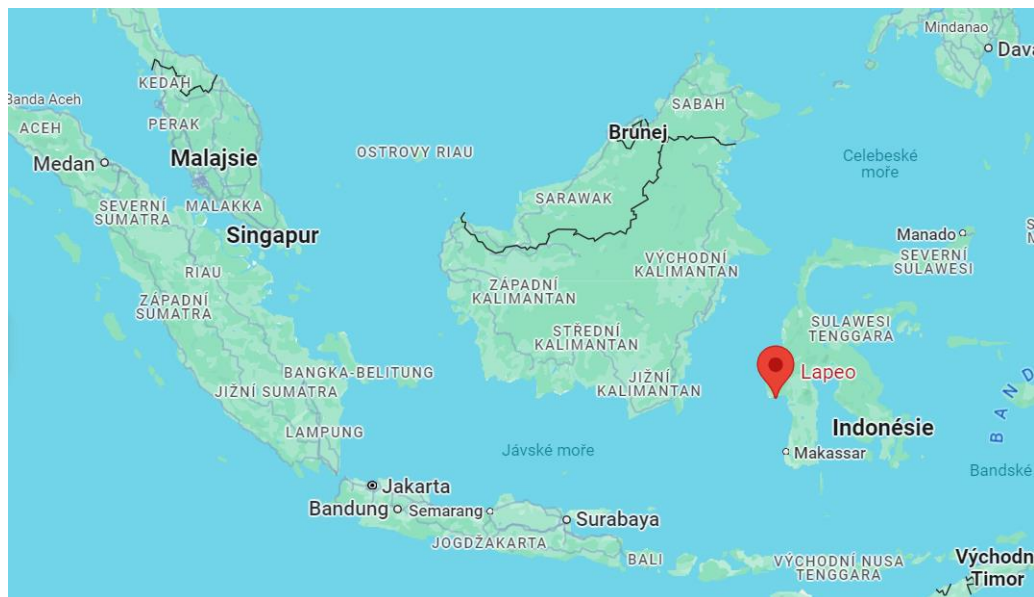
## Our vision

A future where sea turtles and their habitats are sustainably protected, healthy, and safe from threat of extinction and destruction.

## Our mission

To contribute to sea turtle conservation at our own project sites by cooperating with local communities to create a future where both sea turtles and people can survive.

**Do you want to become a volunteer and help us to achieve our mission?**





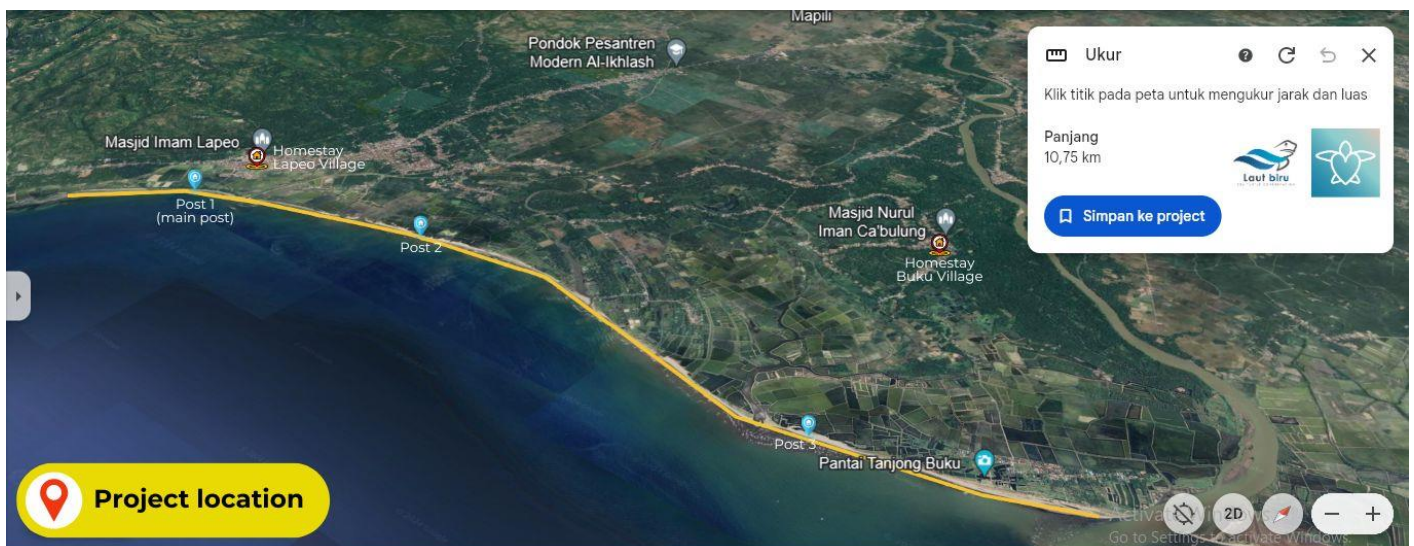
## IMPORTANT INFORMATION FOR VOLUNTEERS

*Please read the complete document carefully and make sure you understand everything*

Volunteers will assist Rangers in various aspects of sea turtle conservation in Polewali Mandar, namely at Lapeo Beach, Ujung Beach and Buku Beach. Please note that duties vary depending on where you are staying. Volunteers are expected to work up to 30 hours per week.

### **AT LAPEO BEACH (Post 1), UJUNG BEACH (Post 2) and BUKU BEACH (Post 3)**

Your duties will include monitoring the nesting beaches either during the night or early in the morning. In the afternoon, other activities such as collecting waste on the beach, collecting data on the beach, helping rangers with making coconut souvenirs or ranger's house maintenance will be carried out.



## **General duties for program participants will include:**

1. Helping beach patrols for nesting turtles - patrols are undertaken each night and early in the morning. The patrols serve several functions and may last between 4 - 6 hours. You can help rangers with:
  - searching for nesting activity and nesting turtles;
  - searching for any evidence of turtles hatching;
  - collecting data on nesting turtles and nesting events;
  - checking nests already laid;
  - searching for any turtle stranding, whether sick or dead;
  - looking out for illegal poachers on the beach together with rangers.Occasionally turtles lay their eggs in unsuitable places. In such cases, rangers relocate the nest to a new site and the eggs are carefully moved and re-buried. After the eggs have hatched we do a survey of the hatching success rate, which involves nest excavation and analysis of the shells left.
2. Collecting waste on the beach – usually during the morning or/and afternoon
3. Helping rangers in the house (repairing the house, cleaning, cooking, making turtle souvenirs, teaching the local rangers English)

## **Normal day at the Beach.**

06.00 – beach monitoring

07.00 – 09.00 – collecting waste at the beach

10.00 – food

11.00 – 16.00 – have a rest – you can explore the beach, snorkel, or see local activities in village

16.00 – beach monitoring, collecting waste on the beach

19.00 – food

19.00 – 22.00 – have a rest

22.00 – 02.00 – night patrol

## IN THE VILLAGES

### (Lapeo, Ujung and Buku)

Your duties will focus on local population: mainly education activities for local children, playing with them, teaching English, collecting waste on beaches with local people.



### General duties will include:

- Help in designing school and community education activities (e.g. using drama, arts, songs and games) concerning marine environment and turtle conservation;
- Participating and helping at school - teaching English;
- Participate in marine conservation awareness events and assist in carrying out educational workshops and activities.

YOU CAN ALSO HELP WITH CORAL RESTORATION AND PLANTING OF TREES.

You can also explore and see the uniqueness of local wisdom in the surrounding villages and snorkel in your free time.



## **GENERAL INFORMATION**

### **TRAINING**

English and Indonesian are only accepted languages.

**No special qualifications and experiences are necessary** except that all volunteers should **have a high motivation** and must be **willing to work hard in warm and humid conditions**. Be sure that you can stand and work hard in warm and humid conditions before your coming. You also need to be friendly, initiative and communicative, be able to work in a group with local Indonesian rangers and live locals..



### **DURATION AND SCHEDULE**

The best time is come between March and September. We prepared theoretical recommend schedule but the schedule can be changed due to different preferences of the volunteers. You can stay minimum 12 days but longer is better.

- Day 1 :       Transportation from Makassar-Polewali Mandar airport (5-6 hours)
- Day 2 :       Lapeo Beach - Main Basecamp (Post 1)
- Day 3 :       Lapeo Beach - Main Basecamp (Post 1)
- Day 4 :       Lapeo Beach - Main Basecamp (Post 1)
- Day 5 :       Ujung Beach (Post 2)
- Day 6 :       Ujung Beach (Post 2)
- Day 7 :       Buku Beach (Post 3)
- Day 8 :       Buku Beach (Post 3)
- Day 9 :       Lapeo Beach - Main Basecamp (Post 1)

- Day 10 : Lapeo Beach - Main Basecamp (Post 1)  
Day 11 : Lapeo Beach - Main Basecamp (Post 1)  
Day 12 : Transportation from Polewali Mandar-Makassar Airport

## TRAVEL DOCUMENTS

- **Passport** (needs to be valid at least 6 months from the date of entry).
- **Visa** (tourist visa are ok for short stay) - 30 days 750 CZK, 60 days 2000 CZK see [imigrasi.go.id](http://imigrasi.go.id)
- **Travel/Health insurance** is OBLIGATORY for all volunteers and must cover medical emergencies abroad.

**YOU MUST SUBMIT THE DETAILS OF PASSPORT, HEALTH INSURANCE DOCUMENTS AND EMERGENCY CONTACT TO US AT LEAST TWO WEEKS BEFORE YOUR DEPARTURE DATE!**

## REQUIREMENTS :

Volunteers are expected to fulfil certain requirements in order to participate in our program. Work is extremely demanding, both at a physical and mental level, and these requirements are just to ensure that volunteers can fulfill the needs and enjoy their experience in our project.

- Volunteers need to be **motivated to help, open minded for other cultures** and enjoy working outdoors.
- Volunteers must be good swimmers, physically fit to walk long distances on soft, sandy beaches and nature trails, working in all weather conditions, and **keep smiling!**
- A background in biology, wildlife conservation or similar fields is preferred
- Previous experience with staying in tropical countries or in other sea turtle conservation projects is an advantage
- Able to converse, receive and understand instructions in English. Indonesian is an advantage but not necessary

- Minimum age of 18
- health insurance
- **VISA**
- Being able to work in remote areas under extreme conditions
- **Flexibility to adapt to changing schedules is required.** High/low tide, windy or stormy weather, bank holiday, late taxi driver... are conditions we cannot change.
- Ability to adapt to work at nights and sleep at days
- No alcohol consumption is allowed.
- Illegal drugs are not tolerated, and any use will result in immediate expulsion from the project.

### **CULTURE:**

In Polewali Mandar, you will be based in a small community, and you should be open and prepared to change and respect local Indonesian culture and habits. The villagers are kind and friendly, but not used to having foreigners in the village living with them. You might find the local's daily habits different from yours (you can hear Islamic prayer several times a day in villages starting at 4/4:30am), but consider that we are all different and that we should respect the culture of the country where we are. The exchange of culture and different way of seeing things enriches ourselves and brings positive effects.





Women are kindly asked to respect the local community culture and dress discreetly and conservatively at all times. Despite the warm climate, most locals wear long clothing as opposed to shorts and t-shirts. We recommend long pants, 3/4 trousers and long skirts rather than shorts or short skirts. We also advise you to keep your shoulders covered (please wear T-shirts with sleeves. No tank tops or shorts). Women will receive more unwanted attention if they do not dress conservatively. Going nude at beaches is illegal in Indonesia. No alcohol consumption is allowed.

Volunteers represent our organization by their behaviour, so please do not put the conservation program under risk.

Volunteers will meet with the director of Laut Biru upon arrival at the organization's office: Laut Biru Basecamp, Jl. Bulu Pantai Ba'batoa, Lapeo Village, Campalagian District.

## **TRAVEL TO/FROM POLEWALI MANDAR**

### **How to get to the starting point – Makassar City, South Sulawesi, Indonesia**

Flights can be cheap, depending on the airline you book. Your cheapest option might be to buy a flight from your home country to Jakarta, Kuala Lumpur or Singapore and then continue with a connecting flight with a low-cost airline to Makassar City.

Visit [www.uticket.com](http://www.uticket.com), [www.traveloka.com/](http://www.traveloka.com/) or <https://www.tiket.com/> for domestic flights.

There is no public bus. Take a rental car with driver (price around 900,000 IDR or 1320CZK) from Makassar Airport to Polewali Mandar (the Laut Biru office address is: Laut Biru Basecamp, Jl. Bulu Pantai Ba'batoa, Lapeo Village, Campalagian District).



## ACCOMMODATION

### LIVING CONDITIONS

Accommodation depends on where you are staying.

Volunteers will stay in tents or in the ranger's houses which are equipped with very basic kitchen and WC (Asian style WC – using of toilet paper is prohibited). You can have an Asian style shower in the toilet too. Electricity is working only a few hours a day. Be sure that you can live in simple conditions like this.



If you want to choose to stay in a homestay because the distance between the homestay and the project location is only 1 km, in Lapeo Village and Buku Village, volunteers can stay in a Homestay. The price is 150IDR for 1 person per night and it is 200 000IDR if you are two in one room. The accommodation will be simple and clean, but be prepared to live a simple lifestyle while you stay there. You will be in a village but there are still small shops, coffee shops, and of course internet etc. There is no Western food. You also have enough free time during the day to walk around and explore the beauty of the village or read a book.



There are cash machines with limited daily cash withdrawals in Polewali Mandar, including in Lapeo Village (check that your bank account supports this), but there are no money exchange offices so please exchange your money in Jakarta (at the airport).

## **FOOD**

At the beach basecamp (Post 1, 2 and 3), Laut Biru provides ingredients for lunch and dinner. There is also drinking water (galoons) ready to use. Food is prepared by the rangers, but please help them. Rice, sweet casava, pasta, and fish are always the basic ingredients (for breakfast, bring your own ingredients). "Snacks" such as coffee/tea, biscuits, soda, cereal, and fresh fruit (for daily needs) are not provided, so you should bring some if you feel it is important. In this case, please buy everything you need at the Village Supermarket, there are many available. But there is no fridge at basecamp.



## **BENEFITS/COSTS/FEEES**

There are two participation fees.

- 1) The fee 1000 CZK has to be paid before meeting with Chráníme mořské želvy coordinator (after sending all documents).
- 2) Local participation fee

Since there is no external funding to support volunteer expenses, volunteers are expected to pay a participation fee. The fee is 250,000 IDR (15.98 EUR) per day starting on the day of arrival at the Laut Biru office until you return to Makassar. The fee is used for transportation and activities outside the project (free time) while in Polewali Mandar, as well as to help Laut Biru provide coral transplantation racks.

### **Fee covers the costs of :**

- Stay in tents or in the ranger's houses in the basecamp
- Lunch and dinner in the basecamp
- Drinking water at the basecamp
- Free access to the Lapeo beach tourism area (Laut Biru basecamp location)
- All transportation (using motorbikes or boats) from one village to another for work purposes or free time outside the program schedule (eg snorkeling or exploring local activities in the village). You can also rent motorbike for your own needs.
- Snorkeling equipment
- Coral transplant rack

### **Fee does not cover the costs of:**

- Airfare
- Pick-up and transportation from Makassar airport to Polewali Mandar and back
- Travel/health insurance
- Personal expenses

- Homestay in Lapeo Village and Buku Village. (We can recommend Homestays where volunteers can stay and we can book for you).

Payment of the participation fees is done at the office in Polewali Mandar only on arrival, in cash. Payment should be made in local currency and we will not refund you the money if you decide to leave the project sooner than you planned.

You should bring cash (Euro, Dollars) from your country and exchange it into the local currency as soon as possible after your arriving to Indonesia. Exchange will not be possible in project area. We recommend bringing the whole amount needed for the entire stay in cash (daily participation fee + pocket money for personal expenses and leisure time). There is ATM.

## **THINGS TO BRING**

**Red items are mandatory!**

### **TRAVEL DOCUMENTS**

- **Passport** (must be valid for at least 6 months from date of entry).
- **Visa**
- **Travel/health insurance** is **OBLIGATORY** for all volunteers and must **cover medical emergencies abroad.**

### **INSURANCE**

Health services in project area are very basic and a doctor and a pharmacy are far away from the beach where you will spend the most of your time. We recommend insurances with good medical covering and please bring your own first-aid kit box. If you bring expensive things (photography or video cameras, etc) we also recommend additional insurance for that because it could get broken (sand, seawater,...).

## VACCINES

At time of writing there are no specific vaccines required to enter Indonesia, and it's not necessary to present your vaccination card. But we do advise you to have yours updated.

Recommended vaccines for travel to Indonesia :

<https://www.tmb.ie/destinations/vaccinations-for-indonesia> For the volunteers who apply from Czech Republic : <http://www.ockovani.cz/indonesie/>

## CLOTHING

- Summer clothing, sweater for windy nights at the beach;
- Long-sleeved tops and trousers.
- Sandals and closed shoes, which will be needed for walking on rocky areas during beach patrols.
- Rain jacket/windbreaker;
- Hat and sunglasses (the weather in Polewali Mandar is very sunny, and there is little shade/shelter)

## WORKING EQUIPMENT

- **Headlamp and flashlight (red filter)** + batteries (rechargeable ones are better, as we cannot recycle batteries);
- Day backpack;
- Reusable water bottle;
- Watch;
- Alarm clock (travel clock/ mobile phone);

## CAMPING GEAR

- We can borrow you personal tent but if you prefer your private please bring it.
- You will also maybe need a pillow and comfortable camping mat;
- **Summer sleeping bag** or thin blanket;

## SANITARY ARTICLES/PERSONAL MEDICATION

- **Sunscreen lotion:** can be purchased in Indonesia, but is expensive. Consider the high factor especially if you have sensitive skin. You will be spending a LOT of time in the sun. (coral reef friendly sunlotion are recommended)
- **Mosquito repellent;** DEET is effective, but also a threat to Turtles. It is better to buy it in Alfamart and Indomaret. They are more effective than those ones from Europe. And they are not expensive.
- Bio-degradable shampoo and soap if possible, but otherwise usual brands may be purchased in project area.
- Tampons and pads are difficult to find and they are of low quality, consider bringing enough of these.
- Hand sanitizer gel or spray may be very useful, especially during your stay on the beach
- Towel;
- Personal medication (include diarrhea tablets, allergies pills, eye drops, contact lenses liquid if needed). Note that project area is extremely dusty, volunteers with asthma, allergies and those wearing contact lenses WILL have problems, and should bring their own medication/prevention).
- Dietary supplements if needed. Please note that there is no refrigeration on the beach

## OTHER

Luggage may not arrive with the plane due to airline failure. We recommend that you bring with you a carry-on bag with a change of clothes, along with your cards, documents and personal medicines.

**There is no waste disposal system in project area that works. That's why everybody is responsible for taking back home all toxic waste (as e.g. batteries, empty shampoo bottles, etc.) that has accumulated during his/her stay, for proper disposal.**

## Some things to do in your free time

- **Visiting the coconut center village to see coconut oil processing**  
You can see and try the process of opening coconut skin using traditional tools.





- **Visiting the center of traditional weaving.**

Here you can see all the processes and try it to feel the experience of weaving.



- **Making brown sugar.**

You can see the process of making brown sugar in a traditional way.



## **FREQUENTLY ASKED QUESTIONS**

### ***What kind of health care we should take before traveling? Do we need any vaccines?***

Each volunteer should have their vaccines updated. If you have dental problems, you should visit a dentist before travel. Volunteers with asthma or allergies problems should look for medical advice and the necessary medication. Many volunteers travel with typhoid vaccine, tetanus vaccine and hepatitis a +b. But it is your responsibility and decision.

### ***Two daily meals will be provided in basecamp. What kind of food is served?***

Meals are prepared by rangers. Rice, sweet casava, pasta and fish are always the basic ingredients. **Vegetables or fruits are very limited** due to the fact that electricity is working only 4 hours a day.

### **How is the water quality?**

The water used at Lapeo, Ujung and Buku beaches is mineral water (galoon), which can be drunk directly.

### **Are the accommodation and meals on beach covered by the participation fee?**

YES, basic food twice a day is provided at the beach basecamp.

### ***How basic is the accommodation on beach?***

Ranger's house on beach is equipped with very basic kitchen and WC. Drinking water is provided, but of course water supply for showering and washing will be limited. It is not necessary to bring your own cup, plate, fork and spoon.

**Are the beaches safe?** Our beaches are very safe because only rangers and volunteers stay on the beach at night. However, you do so at your own risk, we are not responsible for your health or personal belongings.

## **ADDITIONAL CONTACT INFORMATION**

You may find further information on [www.morskezelvy.cz](http://www.morskezelvy.cz)

[www.saveturtle.net](http://www.saveturtle.net)

<https://www.facebook.com/morskezelvy.cz-607230715971714/>

Contact: [evbilkova@gmail.com](mailto:evbilkova@gmail.com), [adellmer26@gmail.com](mailto:adellmer26@gmail.com)

If you wish to help us and become a volunteer please send a [motivation letter, your CV and copy of the volunteer statement document with your signature](#) to [evbilkova@gmail.com](mailto:evbilkova@gmail.com) and [adellmer26@gmail.com](mailto:adellmer26@gmail.com). The project staff will do their best to meet your preferences in terms of participation periods. We will notify you if these are not available, to discuss alternatives.

Each volunteer must provide the Laut Biru staff with an emergency contact from home before their arrival to Indonesia.



**HAVE A GOOD TRIP!**

## VOLUNTEER STATEMENT

This Volunteer Statement is given and personally signed by

**Name and Surname** : .....

**Date of Birth** : .....

**Residence Address** : .....

for the purpose of personal contribution (volunteering) to the Laut Biru 'project:

I hereby state that I have read and fully understood the document named 'Manuál dobrovolníka - Sulawesi', provided to me by **Chráníme mořské želvy z.s. / Save turtle organization / Laut Biru Indonesia**. I am prepared and willing to act accordingly and fully in compliance with the rules given in the document.

In particular, I confirm that

- my participation in the project and/or any actions related there to shall be performed in my own name, responsibility and danger;
- my current health condition allows me to participate in the project;
- I shall establish and maintain proper and respective health insurance for the whole duration of my stay; and
- I fully understand the nature of the activities to be performed by me and I am fully aware of the conditions in which the respective activities shall be performed.

I promise to follow all the instructions given by rangers and/or any other respective personnel, help in protection of sea turtles and not to compromise the reputation and/or good name of the **Chráníme mořské želvy z.s. / Laut Biru Indonesia** or any other entities providing protection to sea turtles.

Contact person:

name:

phone:

email:

In \_\_\_\_\_ on \_\_\_\_\_  
*/Place and date of signature/*

*/Signature/*